

St. Theresa's Catholic Church

Fr. Paulinus Okpala, Pastor

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Mass Times

Saturday Vigil: 5:00 PM Sunday: 9:30 AM (English) & 12:15 PM (Spanish)
Daily: Monday, Tuesday, Thursday, Friday: Noon Wednesday: 6:00 PM
Adoration: Wednesday 5:00 PM Private Prayer: Wednesday 8:00 AM—7:00 PM

The Most Holy Body and Blood of Christ

This is a wondrous mystery, human beings eating God. There is no better way to teach us how God lives and enable us to live the same way. Food is a sign of total self-gift and absorption into the other, forming a profound unity. God gives us all of himself and draws us right into the mystery of his life, one God, one Family. We feed on the Body and Blood of Christ to build us up as the mystical Body of Christ, the Family of God.

When we eat material bread, the food is assimilated and becomes part of us. It is transformed into our flesh. When Jesus says that he is Bread he means that it is his Person that must be eaten and assimilated by everyone. It is his very existence given up for the life of the world that must become our existence. We do not eat the Eucharist merely to bring Jesus closer to us, he is always close to us, nor do we use Holy Communion just to ask him for our needs, now that he is "visiting with us and close to us in our hearts." This is only a pious devotion that has some benefits. But Eucharistic Communion is much more than Jesus being close to us. It is Communion because it is union. That is why it involves eating and digesting him.

Communion in the Body of Christ means to accept to identify ourselves with him. It means to offer up our own selves to him so that he can keep living, suffering, giving himself and rising again in us. For this reason, St. Paul insists that before eating this Bread, the Christian must "recollect himself" (1 Cor. 11:28) and see if he is really ready to let the life of Jesus continue in him. It implies being willing to be broken for the sake of peace and unity. For it is from this one bread shared by all that the unity of the community is built. Literally, our physical bodies and lives become the physical body of Christ hanging on the Cross (Gal 2:19-20), broken for the life and peace of the world.

Only if we endeavor to keep this kind of attitude of allowing ourselves to be transformed into the person of Jesus, shall we be able to say that our life is lighted up by the Eucharist. This is a slow and laborious process. Our humble listening to the Word of God and our sharing the meal of the Body of Christ will work this miracle.

God bless you all. Fr. Paulinus

Sacraments

Baptism, Marriage, & Anointing of the Sick— Call for appointment

First Communion/ Religious Ed— Resumes August 2026

Confirmation— Resumes August 2026

Men's Group—Thursday 5:30—6:30 pm

Confessions- Sunday: 8:45-9:15 am & 11:30 am to Noon;
Saturday: 4:15-4:45 pm; Wednesday: 5:15-5:45 pm; and by appointment

Memorial Bricks ~ as part of the Marian Grotto, we are offering the Memorial Bricks for you to purchase as a Memorial for your family and loved ones. The bricks will be 4" x 8" and you may have up to 3 lines. We are asking for a minimum of \$100 per brick and you may pay when you can. The order forms are in the Narthex. We will submit our first batch to be engraved in June so the first deadline is June 7.

Movie extras needed ~ There is a Catholic movie being filmed in Cordele June 24-25. If you are interested, flyers are available in the Narthex.

Ladies Club ~ will meet Saturday, June 13 at 11:00 am. All ladies are welcome to come and join as we prepare for upcoming events.

First Sunday Social and Bingo ~ this Sunday following Mass. We will have coffee and donuts. We will play Bingo and have prizes for the winners. All are welcome to come and join the fellowship.

The Divine Office - is the official prayer of the Church outside the Mass. Called the Liturgy of the Hours, it developed from the practice of early Christian monks who would recite the psalms throughout the day as a way of sanctifying time. Thus, "by tradition going back to early Christian times, the divine office is devised so that the whole course of the day and night is made holy by the praises of God" (Vatican II, Sacrosanctum Concilium, 84). Try praying the Liturgy of the Hours daily at divineoffice.org.

Weekly Mass

June 6
5:00 pm Mass

June 7
9:30 am Mass
12:15 pm Mass

June 8
Noon Mass

June 9
Noon Mass

June 10
5:00 pm Holy Hour
6:00 pm Mass

June 11
Noon Mass

June 12
No Mass

Today's readings begin on page 885 in the St. Augustine Hymnal.

Our Gifts to God:

Weekly Budget Goal: \$2,875 Last Year's Offering: \$2,237.33
Last Sunday's Offering :\$2,728.33 (In pew: \$2,455.00, Online:\$273.33)
Children's Offertory: \$27
Annual Catholic Appeal:
Goal: \$14,054 Total Given: \$9,040
Harvest of Hope Goal: \$128,508
Pledges Remaining: \$24,346.12 Total Given: \$54,664.88

As you are gone, help our church carry on. Please remember your offering is essential to help us meet our budget. Give online: <https://giving.parishsoft.com/app/giving/littletherese> or you may text "GIVE NOW" to 229.318.4127 or scan the QR Code

